

## **Interpersonal Relations**

### **Course Outline**

- I. Self Identification
  - A. Personal strengths and weaknesses
  - B. Personal character traits
  - C. Personal accomplishments
  - D. Personality traits
  - E. Personal values
  - F. Family values
  
- II. Families
  - A. Families today/past
  - B. Interview parents
  - C. Family roles
  - D. Family communication
  - E. Family conflict resolution
  
- III. Communication
  - A. Verbal
  - B. Nonverbal
  - C. Listening
  - D. Ambiguous language
  - E. I messages
  - F. Following directions
  
- IV. Decision Making (topic varies depending on class)
  - A. Alcohol
  - B. Tobacco
  - C. Sexually Transmitted Diseases
  - D. Drugs
  
- V. Relationships
  - A. Healthy/unhealthy relationships
  - B. Conflict resolution
  
- VI. Goals
  - A. Identify
  - B. Plan
  - C. Achieve

### **Instructional Resources**

Resources are teacher created

### **Assessments**

Observations  
Quizzes  
Tests  
Oral Reporting

Demonstration  
Simulation  
Presentation  
Research  
Construction  
Projects  
Discussion